PAGET NEWS

31ST JANUARY 2025



#Team Paget #Stronger Together

TO BE THE BEST THAT WE CAN BE

How to Contact Us...



Email:

enquiry@paget.bham.sch.uk



Telephone:

0121 464 3902 or 07493838732



Twitter: @PagetPrimary

Concerned About a Child's Safety?

Contact Birmingham CASS on 0121 303 1888. If you feel a child is at risk of immediate, significant harm then call 999 OR contact a DSL in school: Mrs. Nussey, Mrs. Thomas, Mrs. Spiers, Mrs. Ewbank or Mr. Merriman. Child Line
Children if you need to talk
to anyone, please email
www.childline.co.uk

Or ring

0800 1111

HEAD TEACHER'S WELCOME

Happy Friday everyone!

I hope that you have all had a good week and that your children have been coming home full of what they have been learning in school each day.

It has been another busy and successful week in school. Year Five took part in Bikeability, where they have learned how to ride their bikes safely out on the roads. This year was a first for Paget, with all of the children that took part, passing their level one and level two. Well done to everyone! We have also had two team stake part in the Basketball league after school – look out for the report next week.

Please can I remind everyone, to ensure that the children's iPads are charged at home each night so that the children are fully charged and able to complete each day's learning that takes place on the iPads. Please be re-assured that the children are using this in school for learning and to complete their work, they are not sat playing games all day! Thank you for your co-operation.

To all our families that have celebrated Chinese New Year this week, on behalf of everyone here at Paget, I wish you all a very happy lunar new year.

Have a restful weekend.

Vicky Nussey

LEARNERS OF THE WEEK

NURSERY: Tatenda & Violet-Rose

RECEPTION: Moye, Michael, Hassan & Alice

YEAR ONE: Meek, Harry, Abel & Zahir

YEAR TWO: Eleni, Cameron, Aleyah & Khadija

YEAR THREE: Kiaus, Akina, Soroyah & Sarah

YEAR FOUR: Efeose, Maximus, Jeramiah & Emili

YEAR FIVE: Lola, Esmae-Grace, Omar & Amaya

YEAR SIX: Connor, Ioanna, Dylan & Filip

PANTHERS & PUMAS: Corey & Leon

HOUSEPOINTS

THIS WEEK'S TOTALS:

THIS WEEK'S WINNING CLASS:

KS1: 2D

K52: 4C

THIS WEEK'S WINNING

HOUSE:

KS1: Jupiter

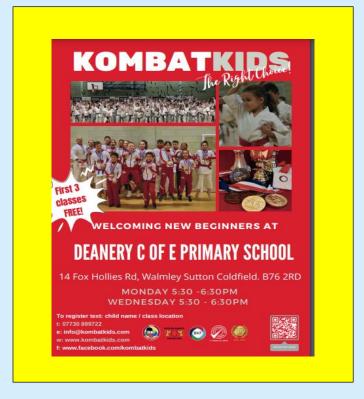
KS2: Mercury

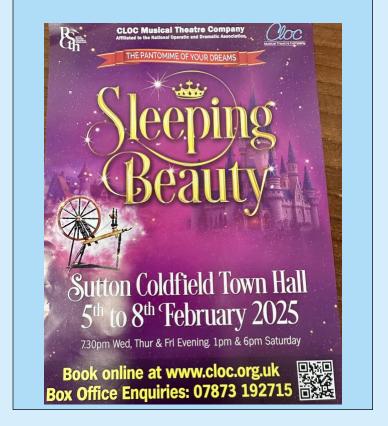


BEST ATTENDANCE
Class: 2W with 99.09%

INFORMATION AND REMINDERS







Spotlight on Reading: EY & KS1

Dear Parents / Carers

KS1 & EYFS... Making every child a reader *New Home Learning Resource*

We want every child at Paget to love books and we send home a phonic book matched to their phonic level, together with a supporting text as well as a library book which your child has chosen. However, we are always on the <u>look out</u> for other ways we can offer you support at home with access to more books.

We have recently signed up for the free eBooks on Oxford Owl. Look at how much fun the year 2 children have had checking out this resource. This is also a resource which can be accessed by Year 1 and EYFS.





How do we access this at home? Well,



Parent/Carer information leaflet

The Oxford Oxil eBook Library contains a wide selection of books from across Oxford's most popular series. The books are carefully levelled and progress in reeding difficulty from those appropriate for Reception right through to those suitable for Year 6. The exact number of books and range of fevels your child has access to will depend on the subscription that their school has bought.

How does my child access the eBook Library?

- 1. Go to www.cxtordowl.co.ui
- 2. Click on the 'Log in' link (top right) to open the login form.
- Make sure the 'Students' tab is highlighted. Type in the class name and password that your child's teacher has given your <u>child</u>, and click 'Login'.



Log in details are as follows but your children will have been shown how to access this in school.

	Username	Password	
Year 2	paget year 2	Paget	
Year 1	paget year 1	Paget	
EYFS	paget eyfs	Paget	

4. Click on the tile for the Oxford Owl eBook Library.







Oxford Owl eBook Library My elicols Reed Write Inc. eBeck Libror My elizois

Spotlight on Reading: EY & KS1 (Continued)

To find the right level, click on the Levels filter at the top of the library, choose Coford Levels or Book Bands as appropriate. Choose your level and then the books will be filtered so that you only see books at that level.



To find the right title, type it into the Search box.



Click on the eBook to open it.













Your child can choose to listen to the audio or read it themselves. Let us know which one they have enjoyed reading @pagetprimary.

Thank you for your continued support and if you have any queries, please drop myself an email at <u>g.waring@paget.bham.sch.uk</u> or speak to your class teacher on the playground.

#TeamPaget #StrongerTogether

Mrs Waring KS1 RWI and English Leader.

Spotlight on Curriculum: Science



Welcome to this month's Science newsletter! We've packed it with fascinating discoveries, fun experiments to try at home, and ways to learn more about the amazing world of science. Let's get exploring!

What Are We Learning in Science This Term?

Each year group has exciting science topics to explore this half term:

- Years 1 and 2 will investigate everyday materials, learning how to identify, compare, and test the materials we use daily.
- Year 3 will discover the magic of forces and magnets, exploring how objects move and how magnets attract or repel.
- Year 4 will dive into the world of living things and their habitats, studying how
 plants and animals adapt to survive.
- Year 5 will take a deeper look at forces, focusing on gravity, air resistance, and friction through hands-on experiments.
- Year 6 will explore animals, including humans, learning about the human body, circulatory system, and how we stay healthy.

Get ready for an exciting term of investigations and discoveries!

Science News of the Month

1. Can We Live on Mars?

Scientists are studying Mars to see if humans could live there one day. Robots like the Perseverance Rover are finding evidence of ancient rivers and testing soil for growing plants. Could you imagine living on the red planet?

2. Saving the Oceans

Plastic pollution is a big problem, but scientists are finding ways to clean it up. A new invention called the "Interceptor" collects rubbish from rivers before it reaches the sea. What can we do to reduce plastic use in our daily lives?

Spotlight on Curriculum: Science

3. The Mystery of Animal Migration

Every year, millions of monarch butterflies fly thousands of miles to Mexico. Scientists are studying how they find their way—do they use the sun, stars, or even Earth's magnetic field?

Home Investigations: Fun Experiments to Try

1. Balloon Rocket Race

- What You Need: A balloon, string, a straw, and tape.
- Instructions:
 - 1. Thread a long piece of string through a straw.
 - Tape the straw to an inflated balloon (don't tie it).
 - Hold the string tight and let go of the balloon. Watch it zoom!
- What's Happening: The air rushing out of the balloon pushes it forward—this is called thrust!

2. Dancing Raisins

- What You Need: A glass of fizzy water and a handful of raisins.
- Instructions: Drop the raisins into the water and watch them dance up and down!
- What's Happening: Bubbles stick to the raisins, lifting them up. When the bubbles pop, the raisins sink again.

Spotlight Scientist: Mary Anning

Mary Anning was a famous fossil hunter who discovered dinosaur bones on the cliffs of England. Her work helped scientists understand how animals lived millions of years ago. Next time you're at the beach, look closely—you might find a fossil too!

Did You Know?

- The blue whale is the largest animal on Earth, but it eats tiny shrimp-like creatures
 called krill.
- Jupiter has 92 moons! The biggest one, Ganymede, is larger than Mercury.
- Plants can "talk" to each other! They send signals through their roots to warn of danger, like hungry insects.

We Want to Hear from You!

Have you tried any of our experiments or made a cool discovery? Share your results with your teacher, and we might feature you in next month's newsletter!

Until next time, keep asking questions, exploring, and having fun with science!

SPOTLIGHT ON MENTAL HEALTH & WELL-BEING



Looking after our children's wellbeing at Paget...

- Newsletter 6 January 2025 -

Hi there,

- Welcome-

Welcome to the sixth 'Wellbeing and Mental Health' newsletter.

-Looking after your mental health in the New Year! -

Ideas to keep you looking after your child's wellbeing. Maybe your child could try one a day over the next couple of months.



If you're looking for activities to support your children's wellbeing, try some of the ideas below. They encourage children to think about their achievements, talents, relationships, diet, sleep and activity, as well as the world and people around them! Here are the first 30 ideas... 30 more to follow, next month...

- Have a phone, video or in-person conversation with a person you haven't spoken to
 in a while. Ask them how they are. What have they been doing recently? Share what
 you have been learning about recently and tell them about events in your life.
- 2. Write a letter to a friend, telling them about things that have been going well for you recently. Could you include some photos or draw a picture for them?
- 3. Think of a gift that you could give to somebody. Can you draw or make something that will make them smile?
- 4. Get some slips of paper and write something nice about a friend and then give it to them. Could you make similar 'compliment slips' for everyone in your family or your class?
- 5. Make a friendship bracelet using some string, wool, beads and other small items.

SPOTLIGHT ON MENTAL HEALTH & WELL-BEING (Continued)

- Make a certificate for a friend to celebrate one of their special qualities or an achievement.
- Complete a 'random act of kindness' by doing something nice for a friend or a stranger anonymously (if possible).
- Write a thank you letter to somebody to show your appreciation for a gift or something that the recipient has done for you.
- 9. Drink some water. Keep a record of how much water you are drinking each day.
- Keep a sleep diary over the course of a week to check if you have been getting enough sleep each day.
- 11. Think about times when you have been brave. How did you overcome your fears?
- 12. Write a letter to yourself in a week, month or year. What goals do you hope to achieve by the time you read your letter again?
- 13. Think about something that might be worrying you at the moment. Make a comic strip in which you overcome those worries. How did you do it?
- 14. Keep a record of your wellbeing each day. Make a note of how you are feeling, things you might be thinking about and things you are looking forward to. There are some templates for this activity in our Wellbeing Pack.
- 15. Give a person (or a tree) a hug! How does it make you feel?
- 16. Ask somebody for help with something that has been troubling you recently.
- 17. Make a 'Fab File' to collect work and pictures that you are proud of, certificates that celebrate your achievements and cards from people that you care about. You could then look at it whenever you might be feeling low.
- 18. Make a list of all of the things that you have achieved in the past week / month / year.
 Think of a way to celebrate your amazing progress!
- 19. Make a list of all of the things that you are grateful for. Could you show these on the petals of a flower drawing or the coloured stripes of a rainbow painting?
- 20. Make a timeline to show the main events in your life and to highlight when you achieved new things for the first time (e.g., your first steps, first day at school and the first time you wrote your own name).

SPOTLIGHT ON MENTAL HEALTH & WELL-BEING (continued)

- 21. Keep a food diary to review the food and drink that you consume each day. Which parts of your diet are the most healthy?
- 22. Think about your favourite meal. Is it linked to a special celebration (e.g. a birthday or a religious event)? Work with others to make a display that shows everyone's favourite foods.
- 23. Learn how to bake or cook something. Could you make a healthy treat or a new meal?
- 24. Try star gazing. Look outside at night and search for the stars. Can you make any pictures or patterns with them?
- 25. Make a dream catcher and add small pictures or slips of paper that show your hopes for the future.
- 26. Find out about a charity that is important to you and think of ways that you could help.
- 27. Listen to some relaxing sounds (e.g., rainfall, beach sounds, rainforest soundtracks).

 How do they make you feel? This YouTube channel has lots of examples.
- 28. Play a game with a friend or family member. This might be a favourite card / board game or a new game that you have never played before. Could you make up your own game too?
- 29. Try some exercise. You could go for a walk, follow a workout or yoga video (e.g., Cosmic Kids) or play an active game with your friends.
- 30. Get outside. Go for a walk and try to look for different plants and animals. Could you make a note of which ones you see or draw a picture of some of them?

- A reminder about what is coming up...-

This is just a reminder that it will soon be time to celebrate 'Children's Mental Health week 2023'. We will celebrate during the week beginning 3rd February, with assemblies based on this year's theme of 'Know Yourself, Grow Yourself', having opportunities for the children to complete calm and thoughtful activities and also having our annual 'Dress to Express' Day. The children can wear anything they like to school for a donation of £1.00. It's going to be an exciting week! We can't wait!



Mrs Ewbank, Senior Mental Health Lead, SEMH and Wellbeing Lead

PAGET PTA Colouring Competition

Today the PTA are sending home with each child a colouring in sheet in aid of NSPCC number day. If your child wishes to enter the competition for the best colouring, then they should complete the piece at home and return to school.

It is £1 per entry, and there will be a prize for the best picture in each class.

The deadline for entries is Thursday 6th February and the winners will be drawn on Friday 7th February.

If your child wishes to take part just return their coloured piece to school with the £1 entry fee by the 6th of February.

All monies raised will go to the Paget PTA pot to help pay towards the school minibuses and hopefully towards more activities in school.



SCHOOL DINNER MENUS





SCHOOL DINNER MENUS



COMMUNITY ACTIVITY



Birmingham Community Healthcare **NHS NHS Foundation Trust**









Erdington District Family Hub at Lakeside Children's Centres

Activity Calendar

Groups to start back on week commencing 13th January 2025

Nothing makes children happier than having someone to play with.

Children learn so much through play,

we are helping their minds grow and develop when we take the time to play with them.





Erdington Family Hub at Lakeside Children's Centre

Activity Calendar

Monday

KIDS West Midlands Referral Only 10:00am-11.30am



Foodcycle 3:30am - 5:00pm *Bookable slots* Free 3 course meal for the whole family.



Tuesday

Breastfeeding Support Group

10:00am-11:30am Run by Birmingham Breastfeeding Network



Stepping Stones Referral only

1:00-2:30pm Stay and play session for children with additional needs, diagnosed or undiagnosed

Urban Devotion Youth Services

3:00pm-6:00pm *Call 0121 350 9370 for more information*



Wednesday

VITAMIN DROPS AND TABLETS
AVAILABLE HERE!

They are absolutely free and are available from all our centres



You can see if you are eligible for the healthy start vouchers here:

www.healthystart.n hs uk



Thursday

BCC Housing Surgery 10:00am - 12:00pm

Are you living in a Birmingham City Council Property and need support with housing? Please pop into Lakeside to speak to a housing officer.

Duty

There is a worker on duty daily to help with any queries or support you and your family may need. All you need to do is call us on: 0121 752 1970

This is for any families with children aged 0-19 or 25 with SEND.

Friday

Play and Learn

1:15pm - 2.45pm Come and join us for some family fun for children ages 0-5 years.

PAUSE Drop In

For more information and times please check the following website weekly:

forwardthinkingbirmingham.nhs.uk/ pause

Free Women Only Exercise

1:30pm - 2:30pm Limited Spaces Call 0121 752 1970 to book

Free Children's **Boxercise**

3:30pm - 4:30pm Age 7—11 years Limited Spaces Call 0121 752 1970 to book

FamilyHubs BIRMINGHAM

Lakeside Children's Centre

Lakes Road, B23 7UH (B23 7LY if using a satnav) 0121 752 1970

We are open Monday - Friday 9:00am - 5:00pm

Other activities and services available at our centres

• 1:1 Family Support:

Do you need some advice and support? Call your nearest centre to book an appointment with one of our Family Support Workers.

- **Domestic Abuse support**
- Infant feeding support
- **Bookstart**
- Wellcomm screening
- Home safety assessments







ErdingtonChildren'sCentres



DATES FOR YOUR DIARY

2024-2025

3rd-9th February - Children's Mental Health Week
Wednesday 5th February - Dress to Express day

Thursday 6th February - closing date for PTA colouring competition *

Friday 7th February Y4 trip

Friday 14th February - Last day of term - break up for half term

Monday 24th February - Term begins but school closed to children - teacher training day

Tuesday 25th February - Children return to school

Thursday 6th March - World Book Day

Tuesday 8th April - Parents Evening

Friday 11th April - Last day of term - break up for Easter

Monday 28th April - Term begins but school closed to children - teacher training day

Tuesday 29th April - Children return to school

W/C Monday 12th May - Year Six Sats Week

Friday 23rd May - Last day of term - break up for half term

Monday 2nd June - Term begins - children return to school

Friday 4th July - school closed to children - teacher training day

Friday 18th July - last day of term - break up for the Summer

Monday 21st July - School closed to children - Teacher training Day

This section will be regularly updated once new dates are known and confirmed.

*Indicates newly added or changed items

