

PAGET NEWS

6TH OCTOBER 2023



**#Team Paget
#Stronger Together**

TO BE THE BEST THAT WE CAN BE

How to Contact Us...



Email:

enquiry@paget.bham.sch.uk



Telephone:

0121 464 3902 or 07493838732



Twitter: @PagetPrimary

Concerned About a Child's Safety?

Contact Birmingham CASS on 0121 303 1888. If you feel a child is at risk of immediate, significant harm then call 999 OR contact a DSL in school: Mrs. Nussey, Mrs. Thomas, Mrs. Spiers, Mrs. Ewbank or Mr. Merriman.

Child Line

**Children if you need to talk
to anyone, please email
www.childline.co.uk**

Or ring

0800 1111

HEAD TEACHER'S WELCOME

This week we were visited by a large group of Chinese teaching students and members of the Youth Sports Trust. As part of the visit, they watched Mr Cobbs deliver some excellent P.E. lessons to Year One and Year Five. Later in the day the students then delivered traditional Chinese P.E. lessons to a large group of Year Five and Six pupils from Paget. The children thoroughly enjoyed the experience and were even seen practising what they had learnt using our equipment at lunchtime. I also had the pleasure of joining in part of the session with everyone and thoroughly enjoyed it. Mr. Cobbs, Mrs Spiers and a group of Year Six pupils are now trying to lobby the Youth Sports Trust for a return visit to China! Photos and videos from the day can be seen on Twitter - do have a look if you haven't seen them already.

This week, you should have received a letter home informing you about Parents Evening on Wednesday 18th October. If you have returned your slip your child should bring home a note confirming your appointment time on Monday 9th October. Slips returned after this date will be sent out after. If you have not received the letter, then please ask your child's class teacher or at the school office. Attendance at this event is important to your child's learning journey so I look forward to seeing as many of you there as possible.

Have a lovely weekend all,

Vicky Nussey

LEARNERS OF THE WEEK

NURSERY: Carter & Jake

RECEPTION: Noor, Oriche, Vivaan & Abel

YEAR ONE: Ilakkiya, Godfrey, Taylor & Antonia

YEAR TWO: Nate, Json, Hasna & Jamal

YEAR THREE: Shayden, Lewis, David & Mohammed

YEAR FOUR: Cairo, Omar, Vadym & Andreea

YEAR FIVE: Khalil, Sianna, Musa & Alisha

YEAR SIX: Ruby, Elyssa, Jax & Sai-Ji-Anna

PANTHERS & PUMAS: Eman & Mohammed I

HOUSEPOINTS

**THIS WEEK'S TOTALS:
THIS WEEK'S WINNING CLASS:**

EY & KS1: 2D

KS2: 6B

**THIS WEEK'S WINNING
HOUSE:**

EY & KS1: Saturn

KS2: Saturn

BEST ATTENDANCE

Class: 3C with 98.7%

Focus on Reading: KS2

KS2 Reading

Hi everyone,

Children across KS2 have been busy in their reading sessions focussing on key skills. Each day, all children have 30 minutes of Whole Class Reading where they focus on a text and answer a variety of questions. Reading every day supports the children's fluency, which in turn enables them to read at pace. Please continue to read at home as much as possible! All the practise really does help!

Paget loves reading and that includes our great teachers as well. This week some of our KS2 teachers have recommended books that they enjoy. What are you reading? Share on twitter using #getpagetreading

Y3 Teacher Mr Collas recommends...

Amari and the Night Brothers by B. B. Alston.

Amari's brother goes missing and she can't understand why it's not a bigger deal. Then Amari discovers a ticking briefcase in her brother's old closet. There was far more to her brother than she ever knew. Inside is a nomination for the secretive Bureau of Supernatural Affairs. What does this mean? Will she ever locate her brother?

This is a great read. Definitely try it out!

Y4 Teacher Mrs Connaughton recommends...

The Girl of Ink and Stars by Kiran Millwood Hargrave.

When Isabella's friend disappears, she volunteers to guide the search party. As a mapmaker's daughter she is equipped with elaborate ink maps and knowledge of stars, eager to navigate the island's forgotten heart. But beneath the mountains a legendary fire demon awakens, and her journey is fraught with danger. Read this book to find out what happens!

Year 5 Teacher Mr Ellis recommends...

The Night Bus Hero by Onjali Q. Rauf

Told from the perspective of a bully, this book explores the themes of bullying and homelessness, while celebrating kindness, friendship and the potential that everyone has to change for the good.

'Everyone thinks I'm just a bully. They don't believe I could be a hero.'

Read this book and find out whether he does become and hero and change people's opinions of him.

Y6 Teacher Miss Robinson recommends...

Pig Heart Boy by Malorie Blackman

Cameron is thirteen, and all he wants is a 'normal life' - friends, swimming, school and family. But his life is far from normal. Not every 13-year-old desperately needs a new heart because theirs doesn't work properly.

Finally, one doctor offers hope. Cameron could - if he and his parents agree - take part in a radical and controversial procedure. It's risky and it's never been done before...

Focus on Reading:KS2

Comic/Magazine Donations

If you have any children's comics/magazines that you would like to donate, then please send them in. We would love for them to be available to children in our book areas. If you'd like to donate any, please hand in to your child's class teacher.

Reading Books

Please ensure that you read with and listen to your child read at least three times a week!

Fort Stories: Saturday 14 October

On Saturday 14 October from 12-4pm, the National Literacy Trust is running Fort Stories, a festival of reading and creativity at Fort Shopping Park, B24 9FP.

The free event will feature FREE BOOKS for all attendees as well as an incredible line-up of local authors for young people of all ages, and crafting.

- **12.15-12.45: Kate Wakeling (for children aged 4-7)**
Join acclaimed local poet Kate Wakeling for 30 minutes of poetry fun.
- **1.30-2.30pm: G.M. Linton (for children aged 8-12).**
Local author G.M. Linton discusses writing, heritage, and her uplifting new 'Sunshine Simpson' book series.
- **2.45-3.45pm: Rap and poetry celebration (for teenagers).**
Featuring: Matt Windle - boxing champion and poet, Ryan Dre Sinclair - Erdington poet and founder of Empower Poetry and Diary of a Poet - local spoken word artist and rapper



October's Must Reads



INFORMATION AND REMINDERS

Communication and Autism  Access to Education

CAT PAC – Early Years Garretts Green Nursery School

We would like to invite you to a CAT PAC course, our parent awareness course designed to support you following your child receiving a diagnosis of autism.

- The course has been designed for parents who want to increase their understanding of autism.
- The sessions will be delivered face to face at Garretts Green Nursery School on:

Session 1 – An Introduction to Autism	Tuesday 10 th October 9.30-11.30am
Session 2 – Communication and Interaction	Tuesday 17 th October 9.30-11.30am
Session 3 – Sensory differences	Tuesday 24 th October 9.30-11.30am
HALF TERM	
Session 4 – Eating, sleeping and personal care	Tuesday 7 th November 9.30-11.30am
Session 5 – Emotional Regulation	Tuesday 14 th November 9.30-11.30am
Session 6 – Parent choice of theme	Tuesday 21 st November 9.30-11.30am

The following information will need to be provided to gain a place: The subject or title of your email needs to state that it is for the **Garretts Green Early Years CAT PAC**.

In your email please include:

Child/young person's name and school

- Your name and email address
- Your child/young person's CAT worker (if known)
- Due to limited places, the course will be offered to the first families to contact us.
- There is an expectation that parents endeavour to attend all sessions if possible.
- There are no childcare facilities at the venue.

Please email A2EGeneral@birmingham.gov.uk to reserve a place. You will receive an email response to confirm your place or to tell you that the course is full. Yours sincerely, **Viv Walters and Julie Watchorn Brynpar**

PARENTS EVENING REMINDER

Parents Evening will take place on **Wednesday 18th October**. Your child should have brought home a letter. If you have not received this, please see your child's class teacher.

HALLOWEEN DISCO

This year's disco will take place after school on **Thursday 26th October**. Look out for more information next week about times and tickets.



Communication and Autism  Access to Education

CAT PAC – Primary School age Delivered Online

We would like to invite you to a CAT PAC course, our parent awareness course designed to support you following your child receiving a diagnosis of autism.

- The course has been designed for parents who want to increase their understanding of autism.
- The sessions will be delivered virtually via Microsoft TEAMS, a link will be sent to you before each session.
- Each session will last for 2 hours

Session 1 – All About Autism	Tuesday 10 th October 12.30-2.30pm
Session 2 – Communication and Interaction	Tuesday 17 th October 12.30-2.30pm
Session 3 – Sensory differences	Tuesday 24 th October 12.30-2.30pm
HALF TERM	
Session 4 – Eating, sleeping and personal care	Tuesday 7 th November 12.30-2.30pm
Session 5 – Autism and Anxiety	Tuesday 14 th November 12.30-2.30pm
Session 6 – Parent choice of theme	Tuesday 21 st November 12.30-2.30pm

The subject or title of your email needs to state that it is for **Autumn Primary Online CAT PAC**.

In your email please include:

- Your name and email address
- Your Child / young person's name and school
- Your child / young person's CAT worker (if known)
- Due to limited places, the course will be offered to the first families to contact us.
- There is an expectation that parents endeavour to attend all sessions if possible.
- Please email A2EGeneral@birmingham.gov.uk to reserve a place. You will receive an email response to confirm your place or to tell you that the course is full.

Yours sincerely, **Dawn Fisher and Lisa Walmsley**

Spotlight on Mental Health & Well-Being



Looking after our children's wellbeing at Paget...

-Newsletter 2 October 2023-

Hi there,

- Well-being time-

Welcome to the second 'Wellbeing and Mental Health' newsletter of the new school year! The children have settled into school well, with new friends being made. We will be working with Urban Devotion again this year and will look forward to their sessions. We have assemblies booked and we will be looking for some new Wellbeing champions in KS2 to help ensure everyone has a happy playtime and to be a listening ear for their friends, should they need one.

-World Mental Health Day-

Tuesday 10th October is World Mental Health Day.



-Ten top tips for your child's mental health and wellbeing-

1. Be kind to yourself and others. Smile at your friends at school. Always try and say something nice to them to brighten up their day too.
2. Try not to watch too much negative TV. Watch funny programmes instead to make you laugh. It will help make you feel happier.
3. Talk to your family and friends if you have any worries. Keep in touch with other relatives with phone calls, WhatsApp or texts.
4. It's okay to feel sad, stressed and angry during a crisis. Allow time for a mental health break and try to take part in something you enjoy.
5. Eating regular meals is really important to help with your energy levels. Drink lots of water too to help keep the brain active.
6. Eat lots of fruit and vegetables throughout the day.
7. Get some fresh air. Walking to school is a really good way of exercising and meeting up with friends. If you can't do that, maybe get off the bus a stop earlier.
8. Structure your day with things you can realistically achieve. Don't be over ambitious.

Spotlight on Mental Health & Well-Being (Continued)

9. Get into a good bedtime routine. Getting a good night's sleep is a really positive thing.
10. If you're feeling stressed, think back to a time you have overcome stress before. What helped then? Can you use those things again?



*-A reminder of places to go to for support and advice
online and local resources for summer support-*

every mind
matters

This website from the NHS offers expert advice and practical tips to help you look after your child's mental health and wellbeing as well as the rest of the family. <https://www.nhs.uk/oneyou/every-mindmatters/>

NSPCC ●

The NSPCC are offering support and advice if you feel your child is struggling with their mental health and anxiety. More information and advice can be found on their website: <https://www.nspcc.org.uk/keeping-children-safe/coronavirus-advice-support-childrenfamilies-parents>

YOUNGMINDS

Young Minds - <https://youngminds.org.uk/>

- Final note -

Wellbeing referral

Should you feel that you or your child requires any additional support, your child's class teacher should be your first contact point. If this is not possible, please feel free to contact our Paget Mental Health and Wellbeing lead, Mrs Ewbank for support or our school Pastoral Manager, Mrs Spiers. We are always here to listen. There will be things we can do to further support you.

Mrs Ewbank, SEMH and Wellbeing Lead

DATES FOR YOUR DIARY

Autumn Term

Wednesday 18th October - Parents Evening *

Thursday 26th October - Halloween Disco *

Half Term: Monday 30 October 2023 to Friday 3 November 2023

Thursday 30th November - Y6 trip to Warner Bros Studios

Term Ends: Friday 22 December 2023

Spring Term 2024

· Term Starts: Monday 8 January 2024

· Half Term: Monday 12 February 2024 to Friday 16 February 2024

· Term Ends: Friday 22 March 2024

Summer Term 2024

· Term Starts: Monday 8 April 2024

· Half Term: Monday 27 May 2024 to Friday 31 May 2024

· Term Ends: Friday 19 July 2024

(Please note there are teacher days for next academic year yet to be agreed with ATLP - these will be shared when finalised)

This section will be regularly updated once new dates are known and confirmed.

****Indicates newly added or changed items***

