



### PE Curriculum Overview 2022-2023

Subject	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>Nursery</b>	Gross Motor Skills Body Management (Unit 1)	Gross Motor Skills Manipulation and Coordination (Unit 1)	Gross Motor Skills Dance (Unit 1)	Gross Motor Skills Gymnastics (Unit 1)	Gross Motor Skills Speed Agility Travel (Unit 1)	Gross Motor Skills Cooperate and Solve Problems (Unit 1)
<b>Reception</b>	Gross Motor Skills Body Management (Unit 2)	Gross Motor Skills Manipulation and Coordination (Unit 2)	Gross Motor Skills Dance (Unit 2)	Gross Motor Skills Gymnastics (Unit 2)	Gross Motor Skills Speed Agility Travel (Unit 2)	Gross Motor Skills Cooperate and Solve Problems (Unit 2)
<b>Y1</b>	Run, Jump and Throw (Unit 1) Gymnastics (Unit 1)	Send and Return (Unit 1) Dance (Unit 1)	Gymnastics (Unit 2) Hit, Catch and Run (Unit 1)	Dance (Unit 2) Attack, Defend and Shoot (Unit 1)	Run, Jump and Throw (Unit 2) Send and Return (Unit 2)	OAA Hit, Catch and Run (Unit 2)
<b>Y2</b>	Run, Jump and Throw (Unit 1) Dance (Unit 1)	Gymnastics (Unit 1) Hit, Catch and Run (Unit 1)	Send and Return (Unit 1) Dance (Unit 2)	Run, Jump and Throw (Unit 2) Gymnastics (Unit 2)	Hit, Catch and Run (Unit 2) Attack, Defend and Shoot (Unit 1)	Send and Return (Unit 2) Attack, Defend and Shoot (Unit 2)
<b>Y3</b>	Gymnastics (Unit 1) Handball	Football Dance (Unit 1)	Tag- Rugby Gymnastics (Unit 2)	Tennis Dance (Unit 2)	Hockey Athletics	OAA Rounders
<b>Y4</b>	Handball Dance (Unit 1)	Football Gymnastics (Unit 1)	Badminton Dance (Unit 2)	Basketball Gymnastics (Unit 2)	Cricket Athletics	OAA Tri-Golf (Power of PE)
<b>Y5</b>	Gymnastics (Unit 1) Swimming	Dance (Unit 1) Swimming	Basketball Swimming	Tag- Rugby Swimming	Athletics Swimming	Tennis Cricket
<b>Y6</b>	Handball Gymnastics (Unit 1)	Badminton Dance (Unit 1)	Hockey Gymnastics (Unit 2)	Basketball Tri- Golf (Power of PE)	Rounders Athletics	OAA Swimming