



WEEK 3

STEP 1

Choose from...

Main

Vegetarian

Combo



STEP 2

...and to finish!



Bread and Salad will be available at Lunch Times

MONDAY

Cheese & Tomato Pizza

to go with

Mixed Salad, Tomato Pasta

Fish Pie

to go with

Seasonal Green Veg

**Ultimate Super Food
Tomato Pasta**

to go with

Mixed Salad

Jacket Potato

to go with
Mixed Salad
with choice of fillings

Baked Beans, Grated Cheese, Tuna Mayo, Cheese & Beans

Vanilla Ice Cream

**Fresh Fruit Bar, Cheese
and Biscuits, Jelly**

TUESDAY

Shepherds Pie

to go with

Potato Wedges, Roasted
Carrots

Vegan Sausage Roll

to go with

Baked Beans, Potato Wedges

**Ultimate Super Food
Tomato Pasta**

to go with

Mixed Salad

Jacket Potato

to go with
Mixed Salad
with choice of fillings

Baked Beans, Grated Cheese, Tuna Mayo, Cheese & Beans

Bakewell Slice

**Fresh Fruit Bar, Cheese
and Biscuits, Jelly**

WEDNESDAY

Roast Chicken

to go with

Stuffing & Yorkshire Pudding,
Gravy, New Potatoes, Cabbage &
Carrots

**Cauliflower & Parsnip
Bake**

to go with

Stuffing & Yorkshire Pudding,
Gravy, New Potatoes, Cabbage &
Carrots

**Ultimate Super Food
Tomato Pasta**

to go with

Mixed Salad

Jacket Potato

to go with
Mixed Salad
with choice of fillings

Baked Beans, Grated Cheese, Tuna Mayo, Cheese & Beans

**Apple Crumble
Layer Pot**

**Fresh Fruit Bar, Cheese
and Biscuits, Jelly**

THURSDAY

**Creamy Chicken &
Spinach Pasta**

to go with

Homemade 5050 Bread,
Mixed Salad

**Sloppy Joe Quorn
Burger**

to go with

Mixed Salad, Roasted New
Potatoes

**Ultimate Super Food
Tomato Pasta**

to go with

Mixed Salad

Jacket Potato

to go with
Mixed Salad
with choice of fillings

Baked Beans, Grated Cheese, Tuna Mayo, Cheese & Beans

Chocolate Mousse

**Fresh Fruit Bar, Cheese
and Biscuits, Jelly**

FRIDAY

Battered Fish

to go with

Baked Beans, Chips, Peas

**Vegetarian Fishless
Fingers**

to go with

Baked Beans, Chips, Peas

**Ultimate Super Food
Tomato Pasta**

to go with

Mixed Salad

Jacket Potato

to go with
Mixed Salad
with choice of fillings

Baked Beans, Grated Cheese, Tuna Mayo, Cheese & Beans

Citrus Sponge

to go with
Custard

**Fresh Fruit Bar, Cheese
and Biscuits, Jelly**